

NORTH WHITE SCHOOL CORPORATION



SCHOOL RE-ENTRY PLAN 2020-2021

Updated 10/12/2020

Table of Contents

NWSC Statement on School Re-entry.....1

Health & Safety Protocols.....1-4

Cleaning.....4

Transportation.....5

Athletics.....5

eLearning.....6

Appendix A.....7-8

Appendix B.....9-10

Appendix C.....11-18

North White School Corporation Statement on School Re-entry

The North White School Corporation understands that there will be challenges on many fronts as students, staff and families adjust to the many changes which are taking place due to the COVID-19 Pandemic. As a school, we want to first and foremost provide a safe school for our students and staff. As such, we are implementing several changes in how we will operate our schools beginning this fall. Please review this document in its entirety to ensure that you know what to expect. Please also understand that this re-entry plan may and probably will change as directives and guidance are given to schools throughout the year. We will continue to monitor and make adjustments as needed. We will communicate changes as necessary.

At this time, we plan for our school to start on time with our students returning to school on campus and in-person full-time beginning August 13, 2020.

Health & Safety Protocols

The North White School Corporation will utilize the Indiana Department of Health Guidelines listed below for screenings and decisions on when individuals may return to school. State statute gives public school districts the authority to exclude students who have a contagious disease, such as COVID-19.

- COVID-19 Screening Decision Tree (Appendix A)
- COVID-19 Return to School Guidelines (Appendix B)
- All staff members, students, and parents/guardians are required to report any documented positive COVID-19 cases to the building principal or designee who will share the information with the corporation nurse. The corporation nurse will be responsible for reporting information to the White County Health Department.

COVID-19 Symptoms:

Staff members will be trained to recognize symptoms of COVID-19 as outlined on the COVID-19 Screening Decision Tree. (Appendix A)

- Students and staff members will be expected to self-screen before coming to school daily.
 - If they have more than one symptom, they are to stay home.
 - If they come to school and have more than one symptom, they will be sent home.
- Attendance policies will be altered to account for students who have absences due to COVID-19 or multiple symptoms of COVID-19.

Medical Inquiries:

Due to the COVID-19, if a parent tells the school that a student is ill, the school may ask the parent whether the student is exhibiting any symptoms of COVID-19. If the student does exhibit symptoms, the school will provide details according to the Indiana Department of Health Guidelines. (Appendix A & B)

Excluded Students:

If a student is excluded from school for symptoms of or testing positive for COVID-19, they will have an opportunity to keep up with their schoolwork by utilizing eLearning.

School Closure:

(The North White School Corporation will close down all school buildings if a threshold of 1% positive COVID-19 cases is reached within our school population or if we don't have the necessary staffing to conduct school operations as normal.)

If school is closed due to positive COVID-19 cases:

- Schools could be closed for 1-5 days.
- Students will utilize eLearning for the time in which in-person classes are suspended.
- During the time school is closed, it will be deep cleaned and sanitized as quickly as possible so that students can return to a clean environment.

If the state closes schools for a long period of time:

- Students will utilize eLearning for the time in which in-person classes are suspended.
- During the time school is closed, it will be deep cleaned and sanitized as quickly as possible so that students can return to a clean environment when the state deems it appropriate.

Proper Hygiene:

Each school will allow for restroom breaks and/or provide passing periods where students have access to the restroom. It is good practice to wash your hands for at least 20 seconds and avoid touching your face, eyes, nose or mouth to avoid spreading germs. It is important to wash your hands often, including before and after using the restroom, before eating, before or after recess, after using shared equipment, or after blowing your nose, coughing, or sneezing.

- Hand sanitizer will be available in classrooms.
- Sanitation stations will be placed in high traffic areas throughout the schools.
- Posters will be visible with proper hygiene reminders.

Clinic Space:

Each school will maintain a room separate or divided from the regular nurse's station where individuals who have symptoms of COVID-19 will report.

Social Distancing:

Social Distancing Guidelines state that a person should not be within 6 feet of another person (outside of the home) for more than 15 minutes. Although it is not possible to social distance at all times in the school environment, our schools will do their best to provide an environment which promotes social distancing.

- Classrooms will be set up separating students as much as possible and students will have assigned seats.
- During lunch-Middle/High School: Students will be spread out and have assigned seats.
 - Both the shipyard and the multi-purpose room will be used for lunches.
- During lunch-Elementary School: Students will eat lunch in their classrooms.
- In the elementary school, recesses will have alternate locations for each class.

Face Coverings:

Students and staff will be expected to carry a school approved face covering with them while at school or during school events. Each student will be provided a school approved cloth face covering in the form of a mask. Students are permitted to wear a face covering at any time during school or during school events throughout this pandemic. Although it is recommended, but not required to wear a face covering during the school day or during school activities for most situations, there are times where wearing a mask will be required.

Here are some examples of when a mask will be required to be worn by students:

- While on a school bus
- Students who are not able to social distance for group work, labs or projects
 - Examples: Science Labs, Food Labs, etc.
- Athletic events when deemed necessary by the coach and/or Athletic Director

(Exception: Students who have a doctor's note stating that the face covering is a health hazard will not be required to wear a face covering in the form of a mask. Instead, they will be provided with an alternate face covering in the form of a face shield which does not lay against the mouth and nose.)

Water:

At this time, all water fountains will be closed in each school building until further notice. Students and staff are allowed to bring in their own leak proof clear water bottles. Bottles of water will also be available during both breakfast and lunch. It is recommended that students put their name on their own water bottle.

Breakfast & Lunch:

- Disposable trays and utensils will be used.
- Food sharing is discouraged.
- Payment is encouraged to be made online or before school.
- All cafeteria personnel will wear personal protective equipment.
- Students will be spaced apart while in line.
- Bottled water will be available at both breakfast and lunch.

Breakfast:

- Elementary School: ~~Students will go to the cafeteria to get their breakfast and take it to their classroom to eat.~~ Breakfast is delivered to classrooms daily.
- Middle/High School: Students will eat breakfast in the shipyard with assigned seats.

Lunch:

- Elementary School: Students will eat lunch in their classrooms. Students will have recess in one of four designated areas after lunch. Classrooms will be assigned one of four designated recess spots per week.
- Middle/High School: Students will have assigned seats and eat in either the shipyard or the multi-purpose room and will have assigned seats in the gymnasium after lunch if they choose to move to that area.

Hallways:

- Students will stay to the right of the hallway so that the flow is in one direction.
- Students will continue to use their lockers as normal.
- Doors should remain open as much as possible with the ability to quickly close and lock for normal safety reasons.

Contact Tracing:

We will use seating charts for buses, classrooms, cafeteria and group information from classroom projects/labs so that if we have a student test positive, those who might be affected can be contacted quickly for quarantine purposes.

School Assemblies/Programs/Field Trips:

~~Until further notice, we will not conduct school assemblies, programs or field trips. Classes may utilize our outdoor spaces as needed for classroom instruction.~~ School assemblies, programs and field trips may be conducted only if social distancing and safety protocols can be maintained at all times.

School Visitations:

All visitors/parents must report to the office and will not be permitted any further in the building without prior approval from the principal or designee.

CLEANING

The North White School Corporation takes seriously the need to clean and disinfect for the safety of our students, staff and community.

Handwashing:

- Students will have an opportunity during scheduled breaks or passing periods to use the restroom to wash their hands.
- Sanitation stations will be available in high traffic areas in each building

Cleaning During School Hours:

- Door handles, restrooms, playgrounds, and other high traffic areas will be cleaned regularly.
- Desks will be cleaned after each period in which students rotate classes.
- Cafeteria tables and seats will be cleaned between uses.
- PE equipment will be sanitized between classes.
- Recess equipment will be sanitized between class uses.

Cleaning After School Hours:

- Door handles, restrooms, playgrounds, and other high traffic areas will be cleaned regularly.
- Classrooms will be cleaned as normal and a fog machine will be used a minimum of one time per week to chemically disinfect entire classrooms.
- Bleacher areas will be disinfected.

TRANSPORTATION

Students are encouraged to walk or drive to school, or to have parents bring their child(ren) to school if at all possible. However, if this is not possible we will provide buses for transportation.

No matter the mode of travel to school, it is important that students arrive no earlier than 7:45. Once students arrive, they are to immediately go to their locker, get their breakfast and report to their first class. Classes will begin promptly at 8:00.

Bussing:

Students who ride a bus will have assigned seats with siblings sitting together. Students who rides a bus will be required to wear their mask, as social distancing isn't possible.

Busses will begin releasing students at 7:45. Times may be modified as needed to ensure students are able to get to class no later than 8:00.

Training/Cleaning:

Drivers will be trained to recognize symptoms of COVID-19 as outlined on the COVID-19 Screening Decision Tree. (Appendix A)

Drivers will be trained on what steps to take if a student exhibits more than one COVID-19 symptom.

Drivers will be trained on how to properly clean and disinfect their buses.

ATHLETICS

The North White Athletic Department will follow the IHSAA guidelines found in the IN-CLASS document from the Indiana Department of Education. (Appendix C)

Additional Athletic Reference Documents

- IHSAA COVID-19 Athletic Reopening Spreadsheet
 - <https://drive.google.com/file/d/10wAZA2V59MWRxrKxMRU9tC3pkLfZxM0t/view>
- COVID-19 Return to Play FAQ
 - <https://drive.google.com/file/d/1AuqYoHD6YwuuehLjfd3gQ3su9ebM3KV/view?usp=sharing>

ELearning

The following are reasons which could result in a situation where students will utilize eLearning for their instruction:

- A student is out with COVID-19 symptoms.
- A student is placed in quarantine due to a possible exposure to COVID-19.
- A student tests positive for COVID-19 and is quarantined.
- The school closes for 1-5 days to clean the facilities due to a student or staff member testing positive for COVID-19.
- The state closes schools for a specific amount of time.
- A virtual instructional option is available for students. ~~Contact the building principal or designee to make arrangements. All K-12 students choosing the virtual option must maintain this selection through the end of the semester. The decision to opt for virtual instruction must be decided upon and approved by the building principal~~ **by August 6th or at the time of registration.** The administration has the opportunity to bring students back to school from virtual instruction when they deem it appropriate to do so.

eLearning

- Students may have the opportunity to livestream into classrooms and join their peers in their specific classes.
- Students may have classroom recordings and/or other online assignments to complete.

COVID-19 DECISION TREE

Call 9-1-1 if any of the following symptoms are exhibited: Difficulty or Rapid Breathing, Pulse Ox less than 92%, Bluish Lips/Face, Chest Pain, New Confusion, Unable to wake or stay awake.

If a family member is ill, unless the student in question has symptoms, they are to report to school.

STUDENT SYMPTOMS

1 SYMPTOM FROM BELOW

Send Students Home or Students Stay Home
Until Symptom Free for 24 Hours without Medication

Fever of 100 or Higher
Student is Throwing Up

2 + SYMPTOMS FROM BELOW

Send Students Home or Students Stay Home Unless Symptoms are from a Non-COVID Diagnosis
Until Symptom Free for 24 Hours without Medication

Sore Throat
Cough
Diarrhea or Nausea
Headache
New loss of Taste or Smell
Muscle or Body Aches or Fatigue
Congestion or Runny Nose
Shortness of Breath or Difficulty Breathing

If a family member or someone who has been in close contact to the student is being tested for COVID

Student is to Quarantine as follows until results are available

Negative Test Results

Return to School Immediately

Positive Test Results

Remain in Quarantine for 14 days
From the Initial Symptoms Date

Appendix A

COVID-19 SCHOOL ATTENDANCE QUICK REFERENCE

Close Contact	Symptoms	Test status*	GUIDANCE
YES	YES	POSITIVE**	10 days isolation + 24 hours fever free without fever-reducing medication and symptoms improved. Quarantine siblings, household members and close contacts
YES	YES	NEGATIVE*	Quarantine for 14 days from last date of exposure to + person AND 24 hours fever free with symptoms improved. If new symptoms, need reevaluation. Consider quarantine for siblings and household members if there is suspicion for COVID-19.
YES	YES	PENDING	Isolate at home until results back AND Quarantine for 14 days from last date of exposure to + person^^ Consider quarantine for siblings and household members if there is suspicion for COVID-19.
YES	YES	NOT TESTING†	Quarantine for 14 days from last date of exposure to + person or isolate for 10 days until fever free with symptoms improved, whichever is longer.
YES	YES	ALT DX w/note***	Quarantine for 14 days from last date of exposure to + person^^ AND 24 hours fever free with symptoms improved AND any additional criteria by healthcare provider.
YES	NO	POSITIVE**	10 days isolation from date test was collected + 24 hours fever free without fever-reducing medication and symptoms improved. Quarantine siblings, household members and close contacts.
YES	NO	NEGATIVE*	Quarantine for 14 days from last date of exposure to + person^^
YES	NO	PENDING	Quarantine for 14 days from last date of exposure to + person^^
YES	NO	NOT TESTING†	Quarantine for 14 days from last date of exposure to + person^^
NO	NO	PENDING	No exclusion unless test becomes positive
NO	NO	NEGATIVE	No exclusion
NO	NO	POSITIVE**	10 days isolation from date test was collected + 24 hours fever free without fever-reducing medication and symptoms improved. Quarantine siblings, household members and close contacts.
NO	YES	ALT DX w/note***	May return after 24 hours fever free and symptoms improved AND any additional criteria by health care provider in note.
NO	YES	NOT TESTING†	24 hours fever free 24 hours fever free without meds and symptoms improved.
NO	YES	PENDING	Isolate at home until results back Once have results, refer to appropriate guidance.
NO	YES	NEGATIVE*	May return after 24 hours fever free and symptoms improved AND any additional criteria by healthcare provider. <u>Provide test results before entry to school</u>
NO	YES	POSITIVE	10 days isolation + 24 hours fever free without meds and symptoms improved. Quarantine siblings, household members and close contacts.

*Test status: documentation of negative test results must be provided before entry to school.

**People with positive test results will be contacted by the state Department of Health and contact tracing will be done.

*** If an alternate diagnosis has been determined by a health care provider, a note that includes the date and contact information for the provider must be provided before entry to school.

^^Start date of quarantine is determined by last date of exposure to a positive or untested person. For families who are not able to isolate from everyone else at home, this may be after the ill person completes their 10 days of isolation.

†For persons opting to not get tested, they will be treated the same as the scenario for a person who has tested positive. Do not need to quarantine if tested positive in the last 90 days unless new symptoms appear.

Shalom SBC Attendance/Exclusion chart and testing site links. 2020-09-04

Appendix B

Appendix C

Indiana's Extra-Curricular and Co-Curricular Re-entry Considerations

Unique requirements for a district/school's region or county must be followed regardless of the phase defined below. In addition, given the fluid situation of COVID-19, these considerations are subject to change. Read the phases carefully as the considerations are gradually expanded in many areas.

Band

View ISSMA guidance for marching band [here](#). (See [Change Log](#))

View High School Band Directors National Association [here](#). (See [Change Log](#))

Phase I: July 6-July 19

- Student athletes should be limited to 15 hours per week on campus.
- Individual student athletes are limited to 15 total hours of school contact activity per calendar week. (The Sunday Rule will be enforced)
- School contact activity includes conditioning and sport-specific activities.
- No sport may have more than two activity days per calendar week. Each sport must register their activity days in the office of the Athletic Director at least 10 days in advance. Sport-specific activity days may not occur on consecutive calendar days.
- Activity days are limited to three hours per day. (Six hours per calendar week.)
- Conditioning is limited to four days per week. Conditioning sessions may be held multiple times each day, each session limited to two hours. Student athletes may attend only one conditioning session per day.
- **ALL SUMMER ACTIVITIES ARE VOLUNTARY**
- All State and local guidelines for group limitations must be followed and social distancing is encouraged.
- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Only essential student athletes, student participants, coaches, medical staff, related supervisors, directors, and security should be in attendance.
- Consideration should be given to [vulnerable individuals](#) and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.

- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSAA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSAA pre-participation physical, but should provide a [2020-21 IHSAA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff should be trained and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#).
 - Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The State [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.
 - Districts/schools are encouraged to [post signs](#) displaying symptoms to educate students.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- Locker rooms should not be utilized. Students should report to their activity in proper gear and immediately return home to shower at the conclusion. Restrooms should remain available for student athletes and athletic staff, however social distancing is encouraged.
- Gathering sizes should be decreased as much as possible to reduce risk. Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).
- The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. For sidelines, benches, or other holding areas, consider establishing protocol as a guide for students

and coaches. The goal and expectation is no contact.

- Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- School activities using off-site, non-school owned facilities and equipment for related activities should work with the off-site facility provider to ensure the associated and relevant safety measures are in place. If transporting to-and-from workouts, rehearsals, or practices, transportation safety measures and cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., this equipment should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.
- Students must be expected to shower at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Free weight exercises requiring a spotter cannot be conducted. Safety measures in all forms must be strictly enforced in the weight room.
- For contact sports, no contact is allowed.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.
- No formal competition is allowed.
- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.

Phase II: July 20-August 15

- All State and local guidelines for group limitations must be followed and social distancing is encouraged.

- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Only essential student athletes, student participants, coaches, medical staff, related supervisors, directors, and security should be in attendance.
- Consideration should be given to vulnerable individuals and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.
- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSA pre-participation physical, but should provide a [2020-21 IHSA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff should be trained and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#).
 - Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The State [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.
 - Districts/schools are encouraged to post signs displaying symptoms to educate students.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- If locker rooms or meeting rooms are used, 50 percent capacity is recommended.
- Gathering sizes should be decreased as much as possible to reduce risk.

Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).

- The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. For sidelines, benches, or other holding areas, consider establishing protocol as a guide for students and coaches.
- Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
- Contact is allowed as [defined by Indiana High School Athletic Association \(IHSAA\)](#).
- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- School activities using off-site, non-school owned facilities and equipment for related activities should work with the off-site facility provider to ensure the associated and relevant safety measures are in place. If transporting to-and-from workouts, rehearsals, or practices, transportation safety measures and cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.
- Students must be expected to shower at school or at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Free weight exercises requiring a spotter can be conducted. Safety measures in all forms must be strictly enforced in the weight room.
- Celebratory and sportsmanship acts that involve contact should be prohibited.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.

- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.
- No formal competition is allowed with the exception of girls golf.

Phase III: August 15

- All State and local guidelines for group limitations must be followed and social distancing is encouraged.
- Any student who prefers to wear a face covering for activities should be allowed, if doing so will not cause a health risk.
- Students, when not engaging in vigorous activity and when practical, should wear face coverings. See [Appendix A](#).
- Non-students, including coaches, medical-related staff, directors, security staff, supervisors, etc. should wear face coverings at all times unless under rigorous activity or poses a health risk. See [Appendix A](#).
- Consideration should be given to [vulnerable individuals](#) and it is encouraged for those individuals to seek medical guidance regarding his/her individual level of participation.
- An alternate command structure for coaching staff should be established in case of illness.
- Prior to participation, all first-time student athletes are required to have an IHSAA pre-participation physical for the upcoming school year. Returning student athletes are not required to obtain a new IHSAA pre-participation physical, but should provide a [2020-21 IHSAA Health History Update Questionnaire and Consent & Release Certificate](#) prior to participation.
- All students and staff [should be trained](#) and screened for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices. See [Appendix A](#).
 - Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.
 - The state [website](#) has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.
 - Any person with a positive COVID-19 test shall trigger the established predetermined thresholds for mitigation strategies by following ISDH's recommendation to work with your local health department in following the CDC guidance which can be found [here](#). Reference page 3, "When a confirmed case has entered a school, regardless of community transmission."
 - Coaches must track COVID-19 impacted attendance and report to district/school administration.
 - Follow specific return to school protocol in reference to participation for student athletes or staff members who no longer test positive and/or no longer display symptoms of COVID-19. See [Appendix A](#), reference *Return to School After Exclusion*.
 - Districts/schools are encouraged to [post signs](#) displaying symptoms to educate students.

- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating. If this is not possible, hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- If locker rooms or meeting rooms are used, 50 percent capacity is recommended.
*If the restriction to 50 percent capacity at competitive events creates hardship and impacts the hygiene or safety of students, a 50 percent or greater capacity is allowed.
- Consider scheduling adjustments to reduce the number of events, duration, and/or participants present.
- Gathering sizes should be decreased as much as possible to reduce risk.
Workouts should be conducted in defined, smaller groups of students with the same students always together. Reduce gathering size by half capacity in large areas (weight room, band rooms, wrestling rooms, etc.).
- The goal of social distancing is defined by the [CDC](#). If it is not possible to follow these guidelines indoors or outdoors, then create as much distance as possible. It is recommended that participants and coaches wear face coverings when distancing is limited and the individual is not participating in rigorous activity. Officials should be given the option to wear face coverings. For sidelines, benches, or other holding areas, consider establishing protocol as a guide for students and coaches.
- Hospitality rooms for officials should not include shared food service and should allow space for social distancing. Individual waters and pre-packaged snacks may be made available.
- Consider scheduling adjustments to reduce the number of events, duration and/or participants present.
- Cleaning schedules should be created and implemented for all facilities and equipment to mitigate any communicable diseases. Review the plan and supply inventory to thoroughly clean and disinfect prior to and after usage following [CDC](#), [EPA](#), and [OSHA](#) guidelines. The plan should be clear on who cleans and appropriate training and PPE is provided for such.
- Cleaning regarding team or group transportation must be followed. See [Appendix E](#).
- Appropriate clothing/shoes should be worn at all times to minimize transmission.
- No sharing of clothing, shoes, towels, or water bottles.
- Hand sanitizer should be plentiful and available at all times.
- Contact should be limited to only contact necessary to compete as [defined by IHSA](#). Modified sportsmanship practices should be observed.
- If equipment must be shared, including sports balls, weight room facilities, non-wind instruments, etc., this equipment should be cleaned prior to use and immediately following usage. Responsibility for cleaning should be clear and appropriate training and PPE should be provided.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered or discarded.

- Students must be expected to shower at school or at home and wash workout clothing immediately upon returning to their home. If a student does not have a laundered uniform, he/she may not be allowed to participate in practice or competition.
- If schools launder student gear or uniforms, PPE must be available for the person in charge of laundering.
- Shared hydration stations (water trough, water fountains, water hose, etc.) should not be utilized except for filling individual, labeled water bottles.
- Pool usage is acceptable. Schools should take necessary steps to promote health and safety both in the water and out by social distancing and using good hygiene.
 - State and local guidelines that may determine when and how recreational water facilities may operate should be followed.
- Competition may begin.
- Spectators, media, and vendors can be present but should implement social distancing and follow established mass gathering guidelines.
- Concessions may be sold if food handlers and cashiers use appropriate PPE and only prepared, prepackaged food is available.

Additional Reference Documents (See Change Log)

[COVID-19 Return to Play FAQ](#)

[IHSAA COVID-19 Athletic Reopening Spreadsheet](#)